



91 Franklin St. Westport, CT 06880
 (203) 454-8222 www.westportwct.com

Effective Date: September 6th

Current Belt	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Private Lessons					
Trial White	6:00 ~ 6:40	4:40 ~ 5:10	5:20 ~ 6:00		4:30 ~ 5:10	
Yellow Belt Kids Orange Belt Kids Green Belt Kids	6:00 ~ 6:40	5:10 ~ 5:50	5:20 ~ 6:00		4:30 ~ 5:10	10:20 ~ 11:00
Purple Belt Kids Blue Belt Kids Brown Belt Kids Red-White Belt Kids	5:20 ~ 6:00		6:00 ~ 6:40		5:10 ~ 5:50	
Red-Yellow Belt Kids Red-Green Belt Kids Red Belt Kids Black-Red Belt Kids		5:50 ~ 6:30		5:50 ~ 6:30		11:05 ~ 11:45
Black-White Belt Kids Black-Yellow Belt Kids			6:40 ~ 7:20		5:50~6:30 (Sparring)	
ALL Black Belt		6:30 ~ 7:15	7:20 ~ 8:05	6:30 ~ 7:15		9:40 ~ 10:20
Junior (12~17 years old)						
All Adults		7:20 ~ 8:10		7:20 ~ 8:10		2:30~4:00 Birthday party With Master!
National Team	6:40 ~ 7:40				6:30 ~ 7:30	11:50~1:50

Level 1 (White, Yellow, Orange, Green): 2 classes weekly

Level 2 (Purple, Blue, Brown, Red-White): 2 classes weekly

Level 3 (Red-Yellow, Red-Green, Red, Red-Black): 2 classes weekly + sparring (equipment can be purchased from the office)

Level 4 (Black-White, Black-Yellow): 2 classes weekly + sparring

Black Belt Club Members (Level 3 and up): 3 classes weekly + sparring

Black Belts: 2 classes weekly + sparring